

Moto Health Care Custom and Essential Over the Counter (OTC) benefit 2025

The benefit for pharmacist advised therapy (OTC) medication is subject to a formulary for Moto Health Care Custom and Moto Health Care Essential members. Medication must be obtained from a DSP pharmacy.

Below is the formulary from which a pharmacist can dispense treatment. Any medication not on the formulary will be for the member's own account. Once the maximum number of scripts per family has been claimed for the year, the member is liable for any further OTC dispensing even if it is listed in the formulary

Please note that quantity limits apply - the maximum quantity per script is reflected on the formulary

The formulary is subject to regular review. The formulary may be changed and updated when new information becomes available, prices change or when new medicines are released.

While every effort has been made to ensure that products listed are available on the market, it is possible that some products may be discontinued by the manufacturers during the course of the year.

Therapeutic Class	NAPPI	Product Name	Quantity allowed
Allergy	820709	BECLATE AQUANASE 50MCG 15	1
Allergy	708117	CETIRIZINE-HEXAL 1MG/1ML SOLN	100
Allergy	710672	TEXA ALLERGY 5MG/5ML SOLN	100
Allergy	717812	ZELARY 1MG/ML ORAL SOLN	100
Allergy	3004678	ALLESOOTH 10MG TABS	10
Allergy	722488	CETIRIZINE DIS-CHEM 10MG TABS	10
Allergy	703864	CETIRIZINE-HEXAL 10MG TABS	10
Allergy	720846	GULF CETIRIZINE 10MG TABS	10
Allergy	3001354	SEASONEZE 10MG TABS	10
Allergy	723164	SENSAHIST 10MG TABS	10
Allergy	718452	TRANTRIN 10MG TABS	10
Allergy	712764	ZETOP 10MG TABS	10
Allergy	720664	ZINALLERG 10MG TABS	10
Allergy	702145	ALLERGEX 2MG/5ML SYR	100
Allergy	703162	RHINETON 4MG TABS	30
Allergy	807834	BIOCORT CREAM	20
Allergy	701640	ALLERGEX NON DROWSY SYRP	100
Allergy	703918	POLLENTYME S	100
Allergy	704275	ALLERGEX NON DROWSY TABS	10
Allergy	717051	AUSTELL LORATADINE 10MG TABS	10
Allergy	704780	CIPLA-LORATADINE 10MG TABS	10
Allergy	700092	LAURA 10 TABS	10
Allergy	3000616	LORDYNO 10MG TABS	10
Allergy	705359	LORFAST 10MG TABS	10
Allergy	707313	LORHAY 10MG TABS	10
Allergy	800511	MEPYRIMAL 2% CREAM	25
Antifungal	793493	ADCO-NORMOSPOR CREAM	20
Antifungal	824011	CANEX TOPICAL CREAM	20
Antifungal	878421	CLOMADERM CREAM	20
Antifungal	846422	FUNGISPOR CREAM	20
Antifungal	798150	FUNGISTOP TOPICAL 1% CREAM	20
Antifungal	816299	XERASPOR-T CREAM	20
Antifungal	826960	A-POR VCR	50
Antifungal	831913	CANEX VAG CREAM	50

Therapeutic Class	NAPPI	Product Name	Quantity allowed
Antifungal	846341	FUNGISPOR VCR	50
Antifungal	878448	GYNEZOL 10MG/GM VCR	50
Antifungal	711138	INNOSPORE 1% VCR	50
Antifungal	832499	XERASPOR-V CREAM	50
Antifungal	797022	NYSTACID OINT	15
Antifungal	720777	ALMATIL 1% CRM	7.5
Antifungal	720710	TERBASPOR 10MG/1GM CRM	7.5
Antifungal	3005987	TERBI-CLEAR 1% CREAM	7.5
Cold sores	824674	ADCO-ACYCLOVIR 50MG/GM CREAM	2
Cold sores	713942	BETA-VIRA 5% CREAM	2
Cough and cold remedies	708151	BETAPHEM 250MG/5ML SYRP	200
Cough and cold remedies	710520	BRONCHETTE 250MG/5ML SYRP	200
Cough and cold remedies	779814	CO-FLEM 250MG SYRP	200
Cough and cold remedies	789739	FLEMGO SYRP	200
Cough and cold remedies	794341	MUCOPAN 250MG/5ML SYRP	200
Cough and cold remedies	710247	RINEX PED SYRUP	100
Cough and cold remedies	715301	COLCLEER TABS	20
Cough and cold remedies	822744	SINUEND TABS	20
Cough and cold remedies	807648	FLUSTAT CAPS	24
Cough and cold remedies	796832	SINUSTAT FLU CAPS (MERCCK-FLU)	24
Cough and cold remedies	726915	FLUTEX CAPS	20
Cough and cold remedies	720291	DPH EXPECTORANT SYRP	100
Cough and cold remedies	803081	CLEAR COUGH SYR	100
Cough and cold remedies	827304	ADCO-LINCTOPENT SYRP	100
Cough and cold remedies	715296	NAZENE ADULT NASAL MET/SPR	1
Cough and cold remedies	746126	NAZENE NASAL SPRAY 15ML	1
Cough and cold remedies	725544	FAMUCAPS CAPS	20
Cough and cold remedies	873322	KIDDYFLU SYRP	100
Cough and cold remedies	836141	NAPHENSYL 0.25% DRP 10ML	1
Cough and cold remedies	836133	NAPHENSYL 1% DRP 10ML	1
Cough and cold remedies	703661	JACKS THICK NOSE DROPS	1
Cough and cold remedies	783579	NITRO DROPS	1
Cough and cold remedies	717502	RINOL 25ML NASAL DROPS	1
Cough and cold remedies	705620	TERINE NASAL DROPS 15ML	1
Cough and cold remedies	773867	UNIVERSAL NOSE DROPS 15ML	1
Cough and cold remedies	764000	SI-NADE CAPS	24
Cough and cold remedies	797618	SINUSTAT CAPS	24
Cough and cold remedies	791148	ADCO-SINAL CO TABS	20
Cough and cold remedies	779873	ACUGEST CO LINCT SYRP	100
Cough and cold remedies	806226	ADCO-TUSSEND SYRP	100
Cough and cold remedies	827355	FLUDACTIL CO SYRP	100
Cough and cold remedies	799475	TRIFEN EXP ADULT SYRP	100
Cough and cold remedies	794813	NEOFED PAED SYRP	100
Cough and cold remedies	806269	TRIFEN EXP PAED SYRP	100
Cough and cold remedies	773875	SINU-FLU TABS	20
Cough and cold remedies	728608	GEMINI EYE 15ML	1
Cough and cold remedies	827150	OCULERGE 20ML EYE DROPS	1
Cough and cold remedies	701750	ALCOPHYLLIN 80MG/15ML	100
Cough and cold remedies	701742	ALCOPHYLLEX SYRP	100
Cough and cold remedies	703853	ACUFLU P SYRP ALC&SUGAR FREE	100
Cough and cold remedies	806218	ADCO-FLUPAIN SYRP	100
Ear Drops	751537	OTISED 15ML EAR DROPS	1
Ear Drops	773859	UNIVERSAL EAR DROPS 15ML	1
Ear Drops	705799	AURONE FORTE 15ML	1
Ear Drops	704127	OTALGON EAR DRP 15ML	1
Ear Drops	817023	OTI-EZZE EAR DROPS	1

Therapeutic Class	NAPPI	Product Name	Quantity allowed
Eye infections	710466	BROLENE EYE DROPS 10ML	1
Eye infections	767360	LENNON SULPHACETAMIDE EYE	1
Fungal Infections	835056	CANSTAT ORAL DROPS	20
Gastrointestinal	723037	EMETROL LIQ	200
Gastrointestinal	765538	SPASMOGEL	350
Gastrointestinal	772135	TRIAZINE 50MG SUPP	6
Gastrointestinal	792225	ACULOID 12.5MG/5ML SYRP	50
Gastrointestinal	792845	MEDAZINE-S 2.5MG/ML SYRP	50
Gastrointestinal	820571	NAUZINE S 12.5MG/5 SYRP	50
Gastrointestinal	796700	TRIAZINE PEAD SYRP	50
Gastrointestinal	808954	ADCO-CYCLIZINE 50MG TABS	20
Gastrointestinal	809322	COVAMET 50MG TABS	20
Gastrointestinal	772143	TRIAZINE 50MG TABS	20
Gastrointestinal	728284	GASTROPECT SUSP	100
Gastrointestinal	811467	ADCO-LOPERAMIDE SYRP	50
Gastrointestinal	810908	GASTRON 1MG/5ML SYRUP	50
Gastrointestinal	791768	ADCO-PRODIUM 2MG TABS	6
Gastrointestinal	707342	CIPLA-LOPERAMIDE 2MG TABS	6
Gastrointestinal	810916	GASTRON 2MG TABS	6
Gastrointestinal	796697	NORIMODE 2MG TABS	6
Gastrointestinal	707213	HYOSPASMOL 5MG/5ML SYRUP	100
Gastrointestinal	703383	SCOPEX SYRUP	100
Gastrointestinal	731951	HYOSPASMOL 10MG TABS	10
Gastrointestinal	762725	SCOPEX 10MG TABS	10
Infestations	700734	CONTROLICE 60ML	100
Infestations	708973	CONTROLICE HEAD RINSE 4G/	100
Infestations	711015	LICESOL LIQUID	100
Infestations	1092400	MX LICE GO TREATMENT 120ML	100
Infestations	722617	PARANIX REPELLENT SPRAY 100ML	100
Infestations	717900	PARANIX SPRAY	100
Infestations	1087201	PARASINE T15 100ML	100
Infestations	709063	TREET-IT ANTI-LICE MAINTENANCE	100
Infestations	700205	APP BENZYL BENZOATE	100
Infestations	885588	BENZYL BENZOATE APPL	100
Infestations	794139	PARA SPECIAL LICE SPRAY	1
Infestations	795607	D-WORM 100MG CHEW	6
Infestations	828297	CIPEX SUSP	30
Infestations	845698	WORMSTOP SUSP	30
Infestations	703063	ADCO-WORMEX TABS	6
Infestations	810533	WORMGO 100MG TABS	6
Infestations	704656	ADCO-WORMEX 500MG TABS	1
Infestations	845701	WORMSTOP 500MG TABS	1
Infestations	713148	SKABI-RID 5% LOTION	100
Infestations	722436	TEMODERM CITRONELLA 5% SOAP 75	1
Infestations	770116	TETMOSOL 5% 75GM BAR	1
Mouth and Throat Preparations	767107	STREPSILS ASSTD LOZ	24
Mouth and Throat Preparations	714363	STREPSILS COOLMINT LOZ	16
Mouth and Throat Preparations	864994	STREPSILS EUCALYPTUS MENT	24
Mouth and Throat Preparations	767042	STREPSILS HONEY+LEM LOZ	36
Mouth and Throat Preparations	767077	STREPSILS ORANGE LOZ	36
Mouth and Throat Preparations	715762	STREPSILS STRAWBERRY S/FR	16
Mouth and Throat Preparations	884233	MEDI-KEEL A BLACK CURRANT	16
Mouth and Throat Preparations	884225	MEDI-KEEL A HONEY & LEMON	16
Mouth and Throat Preparations	741035	MEDI-KEEL A LOZ	12
Mouth and Throat Preparations	883872	CEPACOL PLUS BLACKCURRANT	16
Mouth and Throat Preparations	713236	CEPACOL PLUS ORIGINAL	16

Therapeutic Class	NAPPI	Product Name	Quantity allowed
Mouth and Throat Preparations	741043	MEDI-KEEL A THROAT GARGLE	100
Mouth and Throat Preparations	711738	STREPSILS INTENSIVE 8.75M	12
Mouth and Throat Preparations	892670	IODISED THROAT LOZENGES	20
Mouth and Throat Preparations	785210	PODINE MOUTHW & GARGLE	200
Mouth and Throat Preparations	890365	STERIDINE MOUTHWASH AND GAR	200
Other Topical Nasal Agents	722929	FLO BABY SALINE 15ML NOSE DR	1
Other Topical Nasal Agents	704730	ILIADIN SALINE NASAL DROP	1
Other Topical Nasal Agents	704729	ILIADIN SALINE NASAL MET	1
Other Topical Nasal Agents	720988	KWIKCLEAR 0.72% NASAL SPRAY 2	1
Other Topical Nasal Agents	3006117	SALEX QD ADULT NASAL SPRAY 50M	1
Other Topical Nasal Agents	3006118	SALEX QD CHILD NASAL SPRAY 50M	1
Other Topical Nasal Agents	715483	SALEX SALINE METERED SPRAY	1
Other Topical Nasal Agents	723276	SALEX SF NASAL METERED SPRAY 3	1
Other Topical Nasal Agents	3001230	SALEX SF PAEDIATRIC METERED NA	1
Other Topical Nasal Agents	3004459	SALEX XS TRIPLE ACTION FORMULA	1
Pain and fever	792101	ACTAMOL 120MG/5ML SYRP	100
Pain and fever	704093	ACTAMOL RED (UN-BOXED)	100
Pain and fever	745715	ADCO-NAPAMOL 120MG/5ML SYRP	100
Pain and fever	703820	FEVERPAIN (UNBOXED)	100
Pain and fever	863742	FEVERPAIN ELIX	100
Pain and fever	752118	PAINAMOL 120MG/5ML SYRP	100
Pain and fever	889772	PAINBLOK 120MG/5ML SYRP	100
Pain and fever	704450	PAINOGESIC SYRP	100
Pain and fever	758558	PYRALEN 120MG/5ML SYRP	100
Pain and fever	717187	BARRS PARACETAMOL 120MG/5ML SY	100
Pain and fever	895199	GO-PAIN P	100
Pain and fever	717725	ACTAMOL 500MG TABS	20
Pain and fever	716045	ADCO-NAPAMOL 500MG TABS	20
Pain and fever	745723	ADCO-NAPAMOL 500MG TABS	20
Pain and fever	757403	ADCO-PROLIEF 500MG TABS	20
Pain and fever	805467	ANTALGIC 500MG TABS	20
Pain and fever	704643	CETAPON 500MG TABS	20
Pain and fever	714499	CLICKS PARACETAMOL 500MG TABS	20
Pain and fever	720860	DOLOROL 500MG TABS	20
Pain and fever	798053	DYNADOL 500MG TABS	20
Pain and fever	824992	GENCETAMOL 500MG TABS	20
Pain and fever	715112	GRAYS PARACETAMOL 500MG TABS	20
Pain and fever	867950	GULF PARACETAMOL 500MG TABS	20
Pain and fever	894212	JP PARACETAMOL TABS	20
Pain and fever	752142	PAINAMOL 500MG TABS WHITE	20
Pain and fever	799629	PAINAMOL GREEN 500MG TABS	20
Pain and fever	867969	PAINBLOK 500MG TABS	20
Pain and fever	704465	PAINOGESIC 500MG TABS	20
Pain and fever	752878	PARAPANE 500MG TABS	20
Pain and fever	714707	PYNGESIC T 500MG TABS	20
Pain and fever	885863	VON PARACETAMOL TABS	20
Pain and fever	3003810	ZYPOL 500MG TABS	20
Pain and fever	765635	SPECTRAPAIN CAPS	20
Pain and fever	732745	INFAPAIN SYR	100
Pain and fever	745707	ADCO-NAPACOD TABS	20
Pain and fever	792241	ACURATE TABS	20
Pain and fever	703660	CODOXOL TABS	20
Pain and fever	703059	DOXSYN TABS	20
Pain and fever	702609	DOXY CO TABS	20
Pain and fever	814547	NOMOPAIN TABS	20
Pain and fever	794821	PAXIDAL TABS	20

Therapeutic Class	NAPPI	Product Name	Quantity allowed
Pain and fever	702953	RESDOL TABS	20
Pain and fever	826766	TENSODOL TABS	20
Pain and fever	807583	ADCO-SALTERPYN SYRP	100
Pain and fever	793566	GOLDGESIC SYRP	100
Pain and fever	823511	GO-PAIN SYRP	100
Pain and fever	732753	INFAPAIN FORTE SYRP	100
Pain and fever	836605	KID-EEZE SYRP	100
Pain and fever	833746	MEDIPYN S	100
Pain and fever	752185	PAINAGON SYRP	100
Pain and fever	893391	A-LENNON DICLOFENAC 50MG TABS	15
Pain and fever	786020	MYLAN DICLOFENAC 50MG TABS	15
Pain and fever	700315	IBUCINE SUSP	100
Pain and fever	704781	IBUGESIC 100MG/5ML SUSP (ORANG	100
Pain and fever	3004030	IBUGESIC 100MG/5ML SUSP(STRAW	100
Pain and fever	721335	INFLAMAX PAED 100MG/5ML SUSP	100
Pain and fever	717155	AUSTELL IBUPROFEN 200MG TABS	30
Pain and fever	721118	AUSTIFEN 200MG TABS	30
Pain and fever	787426	BETAPROFEN 200MG TABS	30
Pain and fever	895196	IBOFLAM 200MG TABS	30
Pain and fever	705940	IBU 200MG TABS	30
Pain and fever	700316	IBUCINE 200MG TABS	30
Pain and fever	868221	IBUNATE 200MG TABS	30
Pain and fever	708536	IBUSOR 200MG TABS	30
Pain and fever	733741	INZA 200MG TABS	30
Pain and fever	717153	AUSTELL IBUPROFEN	15
Pain and fever	721119	AUSTIFEN 400MG TABS	15
Pain and fever	701975	BETAPROFEN 400 TABS	15
Pain and fever	708290	BREN 400MG TABS	15
Pain and fever	700318	IBUCINE 400MG TABS	15
Pain and fever	733768	INZA 400MG TABS	15
Pain and fever	701654	RANFEN 400MG TABS	15
Pain and fever	875643	ADCO-MEFENAMIC ACID	100
Pain and fever	797014	FENAMIN 50MG/5ML SUSP	100
Pain and fever	793264	PONAC 50MG/5ML SUSP	100
Pain and fever	756156	PONSTAN 10MG/ML SUSP	100
Wound care	784524	FURASEPT OINT	25
Wound care	805416	FUREX OINT	25
Wound care	717217	BARRS POVIDONE-IODINE 10%OINT	25