

► *Exciting New Benefit*

For All Moto Health Care Members!



Introducing Hello Doctor Telehealth Consultations Available immediately to all members

Moto Health Care is excited to bring you even more value with the **brand-new Hello Doctor Telehealth Consultation benefit**.

You already enjoy free access to the **24/7 Hello Doctor medical advice line** in three ways:

- Dial: ***120*1019#**
- The Hello Doctor app
- The Moto Health Care website.

Now, we're taking your healthcare convenience to the next level with **virtual GP consultations** and enhanced **acute medicine benefits**, bringing quality medical care straight to your device – anytime, anywhere.

What you can do with a Hello Doctor Telehealth consultation

With a quick video consultation via the **Hello Doctor** app, you can now:



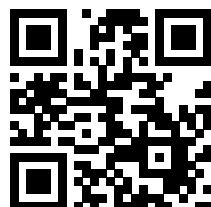
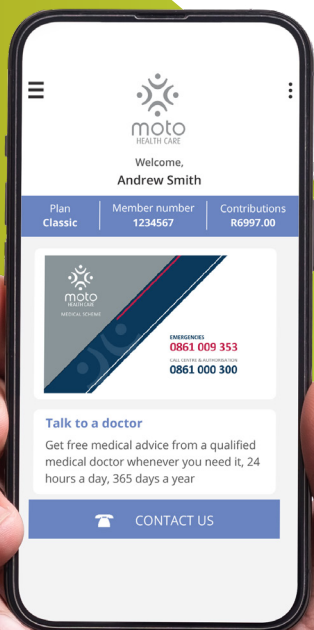
Speak to a qualified GP face to face for a full consultation via video chat.



Receive a prescription for your medication directly from your doctor.



Receive a sick note, when medically appropriate.



Download the Moto Health Care app today to get started





Hello Doctor consultations will be automatically funded by the Scheme, according to your option benefits (see details below).

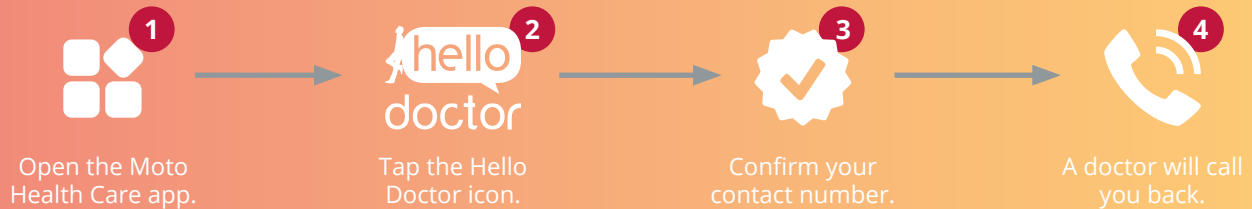
If your benefits are depleted, you can still access a **Hello Doctor consultation for R284**, payable via your **Momentum HealthSaver** account or a credit card – a cost-effective alternative to in-person visits.

Your new Hello Doctor Telehealth Benefits

EFFECTIVE IMMEDIATELY

Option	Telehealth GP Consultations	Acute Medicine Benefit
Essential Option	2 virtual GP consultations per beneficiary per annum	Prescribed acute medicine from a Network Pharmacy, subject to the Essential Option acute medicine formulary
Custom Option	2 virtual GP consultations per beneficiary per annum	Prescribed acute medicine from a Network Pharmacy, subject to the Custom Option acute medicine formulary
Hospicare & Hospicare Network Options	2 virtual GP consultations per beneficiary per annum	R300 per script for acute medicine prescribed by a Hello Doctor GP (maximum 2 scripts per beneficiary per annum)
Classic & Classic Network Options	Unlimited virtual GP consultations per beneficiary per annum, subject to your annual savings limit	Prescribed acute medicine funded from your annual savings limit
Optimum Option	Unlimited virtual GP consultations per beneficiary per annum, subject to your annual day-to-day limit	Prescribed acute medicine, subject to the Optimum Option acute medicine formulary and your acute medicine limit

How to access Hello Doctor through your app



What to expect during your Telehealth Consultation

Your Hello Doctor GP will:

- ✓ assess and diagnose your condition.
- ✓ provide a prescription for acute medicine (if needed) to take to your pharmacy.
- ✓ issue a sick note (if medically appropriate).

Consultations cost **R284**

and will be funded from your available Moto Health Care benefits, based on your selected option (refer to the table above). This fee is **lower than traditional in-person GP visits**, offering exceptional value and convenience.

Important reminders

Call **0861 000 300** or email **info@mhcmf.co.za** for more information.

Hello Doctor is not an emergency service.

For emergencies or life-threatening conditions, visit your regular GP or nearest emergency room immediately.

Chronic conditions still require in-person care.

Please continue seeing your regular GP or specialist for chronic condition management and medication.